

WHERE HAVE ALL THE SMILES GONE?

Join Daisy as her friend Chase shows her how to transform her anger, fear, guilt, attachment and hopelessness into courage, mindfulness, service, preference and empowerment. While this book is written to help children deal with the emotional coercions used to pressure them to wear masks, it is hoped that the lessons learned will serve them throughout their lives. If you would like a more complete understanding of the techniques and principles this book is based on, feel free to visit my website and download the book Purifying the Five Elements.



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Hi Chase, how are you?

Great Daisy, how are you?

Good thanks, hey Chase...
you're not wearing a mask!
Did you lose yours?
I have an extra one...

No thanks Daisy,
I prefer not to wear one.



Chase, I like you, but I feel angry when I see people without a mask.
You're supposed to wear one.

It's okay to be upset when you see people being mean Daisy.
That's what getting upset is for.



Getting upset when people are being mean
helps give us the courage to stand up to bullies.



If someone wants to wear a mask Daisy, that's their choice,
but trying to force someone to wear a mask is just bullying,
and bullying is wrong.



Well, I guess it is your choice if you don't want to wear a mask Chase,
but I'm scared to take off my mask.
Everyone says we have to wear masks to be safe.



It's good to pay attention to things that might hurt us Daisy,
like when we're crossing a street, but for healthy kids like us,
a cold is usually just the sniffles for a day or two.



Wearing a mask makes me feel like I'm helping
other people Chase. I'd feel guilty if I took it off.

My doctor told me masks don't even work Daisy.
I get sad too when people don't feel well.
Helping other people always makes me feel better
when I feel sad.



“Hi Grandma, soup delivery.
Are you feeling better today?”

Oh thank you dear.
I’m feeling better already just seeing you smile.



Hi Daisy, nice to see you,
can I see your smile too?

I'd like to take the mask off but...
it feels like it's part of me now.
Isn't that strange?





It's okay to prefer things Daisy, but sometimes,
we grow out of things too.

Like when Chase was little and carried his blanket
around everywhere he went.

Oh, I'll just leave it on. It doesn't matter.
I... I don't matter.



You matter to me Daisy.



You matter to me too Daisy!



I prefer not to wear a mask.





Now you two go outside and have a nice day,
and remember, the smile you give someone might
be just what they need to have a better day.

Love you Chase.

Love you Grandma!

