

Graduating Earth



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Modern medicine has progressed to the point where it can now resuscitate people that have clinically died. As a result, we now have more near death experiences (NDE's) being reported than ever before in history.

It is estimated that up to now up to 15% of people will have a near death experience (NDE) at least once in their life. These experiences range from leaving their body, traveling down a tunnel and meeting deceased relatives to having a panoramic life review with telepathic angels and visiting celestial realms.

The sheer number and consistency of such reports cannot be ignored. NDEs can occur in the complete absence of brain waves so we cannot ascribe them to a failing brain. I believe that these are real phenomena, gifts from the celestial realms, to help those of us here on Earth.

If NDE reports are accurate and are a kind of afterlife reconnaissance, what practices might we want to cultivate based on what they reveal? As a result of meditating on this topic, I came up with two practices which are the basis of this short book.

Life Review

The afterlife has a debriefing period that has been called the Life Review during which a being of light, compassion and wisdom shows us every action of our lives both from our perspective... and the perspective of those we interacted with. Nothing is left out. We feel how others felt as we interacted with them for good or ill.

We are then shown how each action rippled out into the future. If we were kind, then the person who received that kindness could be seen radiating kindness to others and the chain reaction continued. The same was true for sufferings we caused others. This gives us the basis of our first practice. Choose wisely, remembering that the results of our actions ripple out into eternity.

Telepathy

According to those that have had NDEs, in the afterlife our thoughts are known to all. We are all telepathic. Here on earth, we can entertain unevolved thoughts and no one is the wiser. If we are lying to someone but are convincing, they may never know. If we are gracious on the outside but judgmental and prejudiced on the inside, it remains hidden. If we speak one way, but our actions do not follow, our hypocrisy can remain a secret.

Not so in the afterlife. We are told that thoughts are communicated instantaneously and without the limitations or miscommunications of language. In the place of speaking, a knowing is transferred from one to another. No secrets are possible.

Was I ready for such a world? To find out, as an exercise, I decided to go about my day acting as if my thoughts were known to all. When I first did this it was a shock to me. I was in a store and I passed by an overweight tattooed couple. I thought 'white trash' then stopped. What if they heard my thoughts? Surely their feelings would be hurt. Why would I even think that? Based on how they looked? I didn't even know them. I mentally apologized for judging them and continued on. The next day I was in line at the checkout stand and looked at the shapely body of a female cashier. I had a mild surge of testosterone as I saw

her form. Again, what if she heard my thoughts? Would she be offended? Frightened? I'm in a monogamous relationship. How would my partner feel? Insecure? I quickly realized that I would be a nuisance in a telepathic afterlife.

This then became the basis of the Second Practice. Act as if every thought is known to all.

Three outcomes in the afterlife

I believe that once we pass over, there are 3 possibilities.

1- If we have not learned sufficiently, we reincarnate to continue learning.

2- If we have not learned sufficiently, but have enough awareness, we may choose to stay in the bardo, the place between lives. This is where discarnate entities that are not willing to humble themselves or are afraid of where they will end up find themselves. This is not a good option as it allows beings to continue to reinforce bad behavior so that when they finally do reincarnate, either by choice or by force, they end up in a place where terrible lessons are taught. Let's say no more about that place.

3- If we have learned sufficiently, we go to heaven.

Where we go is determined by our emotional state. Beings with like feelings are attracted to one another. Heaven and Hell are simply the dimensions where people who are experiencing the same emotion gravitate to. If we are full of gratitude, we will find ourselves among beings singing praises. If we are indulging in negativity, we will find ourselves in a 'location' with others with the same negativity.

It isn't just about being kind to others that gets us into heaven. We must also be kind to ourselves. Fear, shame or guilt can also send us back to learn again. Remember, in the afterlife, we are all psychic, so if we have any negativity, towards others or towards ourself, we have more learning to do. This then gives us our second practice. Cultivate good emotions.

Conclusion

When we die, it is said that our life force rises up our spine, then out the top of the head and we leave our bodies. The 'holy grail' of many esoteric spiritual traditions is to practice this 'death experience' while alive. The raising of the life force is known as the Kundalini experience and leaving the body is known as astral projection. Having practiced this many times, an adept would raise their Kundalini and astral project out of the body just before death, watch the body die from above, and thus maintain consciousness throughout the death experience.

I believe that these esoteric traditions have been focusing on the wrong part of the death experience. I propose that it would be better to focus on the 'judgement' aspect of the death experience. We should be 'judging' ourselves when alive. Continually searching one's conscience for places where we could be more impeccable. We cannot storm the gates of heaven. Rather, we must be in alignment with the behavior of it's residents.

As I began these practices, it was obvious that I am not ready for the afterworld. There are many situations in which I do not know the right path to take. Another way of saying that is that I am not tuned into my conscience enough. How can I do well in 'judgement' if I do not even know how to judge right from wrong in my own life?

In a telepathic world, I would be a nuisance. If I were to be transported to a place with people who shared my emotions, far too often, I'd be in poor company.

Now this world begins to make sense. Why are we so disconnected from one another? It is a protective measure. We don't think well enough to be ready for telepathic union. We're not ready to have our thoughts heard or hear the thoughts of others.

Why entropy? Why is the world in a continuous state of falling apart, always requiring work to maintain it? It is a protective measure. Entropy puts a damper on the ripples our actions create. No matter how bad the situation we create or find ourselves in, everything falls apart here. We don't act wisely enough to be ready for creating things that last forever.

As much as I would like to live in a celestial realm with wise and compassionate beings, I recognize now that I belong here... at least for now. I'm simply not mature enough for heaven yet.

Earth is a school for souls and I have not yet mastered my lessons. So, what are the lessons?

**Act as if all your physical actions will return to you
because one day they will**

**Act as if everyone can read your thoughts
because one day they will**

**Act as if your emotions are transporting you to different
spiritual dimensions
because one day they will**